

2018-2019

# Tri-Central Breakfast Menu

## Monday

*Choice of Twisted blueberry  
apple stick & sausage patty  
OR  
Cereal  
Choice of Fresh fruit and/or  
Juice  
Milk*

## Tuesday

*Choice of Sausage, egg & cheese  
biscuit  
OR  
Cereal  
Choice of Fresh fruit and/or Juice  
Milk*

## Wednesday

*Choice of French toast bites with  
syrup & sausage patty  
OR  
Cereal  
Choice of Fresh fruit and/or  
Juice  
Milk*

## Thursday

*Choice of Sausage, egg & cheese  
biscuit  
OR  
Cereal  
Choice of Fresh fruit and/or  
Juice  
Milk*

## Friday

*Choice of Breakfast pizza  
OR  
Cereal  
Choice of Fresh fruit and/or  
Juice  
Milk*

## Breakfast Notes

*Everyone is invited to join us for  
breakfast!  
Breakfast is served daily in both the  
elementary and high school cafeteria  
from 7:40 to 7:55am.*

*In the event of a two hour delay,  
however, breakfast will NOT be served so  
please plan accordingly.*

*Students receiving free lunches will also  
receive free breakfast.*

*Students eligible for reduced meals will  
pay \$.30 daily for breakfast.*

*Full price breakfast is \$1.60.  
Adults may purchase breakfast for  
\$1.90*