



JANUARY | 2018

MSHS Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No school	2 No school	3 No school	4 No school	5 No school
8 Pizza or Main dish option Romaine salad w/ dressing Mixed vegetables or Vegetable option Applesauce or Fruit option Milk	9 Ravioli with meat sauce & Cheese sticks or Main dish option Corn or Vegetable option Banana or Fruit option Milk	10 Chicken and noodles or Main dish option Mashed potatoes Green beans or Vegetable option Peaches or Fruit option Roll with butter Milk	11 Tami's chicken or Main dish option Brown rice Broccoli or Vegetable option Mandarin oranges or Fruit option Biscuit with butter Milk	12 Hot dog sandwich or Main dish option Baked beans Hot carrots or Vegetable option Hot cinnamon apples or Fruit option Cookie Milk
15 *Potential Snow Make up day! Salisbury steak with gravy or Main dish option Mashed potatoes California blend of Vegetable option Pears or Fruit option Roll with butter Milk	16 Chicken fajitas with Peppers & onions Lettuce and cheese or Main dish option Refried beans Corn or Carrot sticks Pineapple tidbits or Fruit option Milk	17 Spaghetti with meat sauce or Main dish option Spinach or Vegetable option Strawberry cup or Fruit option Breadstick with cheese Milk	18 BBQ rib sandwich or Main dish option Cheesy hash browns Peas or Vegetable option Orange wedges or Fruit option Milk	19 Chicken drumsticks or Main dish option Mashed potatoes Roasted cauliflower or Vegetable option Mixed fruit or Fruit option Biscuit with butter Milk
22 Cheeseburger sandwich w/ onion & tomato slices or Main dish option Potato wedges Mixed vegetables or Vegetable option Applesauce or Fruit option Pickle slices Milk	23 Taco salad with lettuce and cheese on tortilla chips Refried beans Corn or Vegetable option Banana or Fruit option Milk	24 Chicken fried steak or Main dish option Mashed potatoes Green beans or Vegetable option Peaches or Fruit option Roll with butter Milk	25 General Tso chicken or Main dish option Macaroni and cheese Broccoli or Vegetable option Mandarin oranges or Fruit option Milk	26 Tomato soup, crackers and Cheese sticks or Main dish option Hot carrots or Vegetable option Hot cinnamon apples or Fruit option Milk
29 Pizza or Main dish option Romaine salad & dressing California blend or Vegetable option Pears or Fruit option Milk	30 Fish sandwich or Main dish option Cheesy hash browns Corn or Vegetable option Pineapple tidbits or Fruit option Milk	31 Chicken and noodles or Main dish option Mashed potatoes Spinach or Vegetable option Strawberry cup or Fruit option Roll with butter Milk	Feb. 1- Mini corn dogs or Main dish option Baked beans Orange wedges or Fruit option Milk	Feb.2- Chicken patty sandwich or Main dish option Sweet potato fries Roasted Cauliflower or Vegetable option Mixed fruit or Fruit option Pickle slices Milk

News

***In the event we do not have school on January 15, the menus will all move one day later and the scheduled Friday menu will fall off altogether.**