



NOVEMBER | 2017

MSHS Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| | Fish sandwich or Main dish option Cheesy hash brown Casserole Corn or Vegetable option Pineapple tidbits or Fruit option Milk | 1 Chicken & noodles or Main dish option Mashed potatoes Spinach or Vegetable option Strawberry cup or Fruit option Roll with butter Milk | 2 Corn dog or Main dish option Baked beans Peas or Vegetable option Orange wedges or Fruit option Milk | 3 Chicken patty sandwich or Main dish option Sweet potato fries California blend or Vegetable option Mixed fruit or Fruit option Pickle slices Milk |
| 6 Hot dog sandwich or Main dish option Potato smiles Mixed vegetables or Vegetable option Applesauce or Fruit option Cookie Milk | 7 Chicken drumsticks or Main dish option Mashed potatoes w/ gravy Corn on the cob Banana or Fruit option Roll with butter Milk | 8 Beef soft tacos w/ Cheese and lettuce or Main dish option Refried beans Green beans or Vegetable option Peaches or Fruit option Milk | 9 Spaghetti w/ meat sauce or Main dish option Broccoli or Vegetable option Mandarin oranges or Fruit option Breadstick w/ cheese Milk | 10 Pulled pork sandwich or Main dish option Scalloped potatoes Hot carrots or Vegetable option Hot cinnamon apples or Fruit option Milk |
| 13 Cheeseburger sandwich w/ Onion slices or Main dish option Potato wedges California blend or Vegetable option Pears or Fruit option Pickle slices Milk | 14 Crispito w/ cheese or Main dish option Refried beans Corn or Vegetable option Pineapple tidbits or Fruit option Chips & salsa Milk | 15 Chili soup w/ crackers & Peanut butter sandwich or Main dish option Spinach or Vegetable option Strawberry cup or Fruit option Milk | 16 Chicken nuggets or Main dish option Mashed potatoes w/ gravy Peas or Vegetable option Orange wedges or Fruit option Biscuit with butter Milk | 17 Sloppy Joe sandwich or Main dish option Baked or sweet potato Cauliflower or Vegetable option Mixed fruit or Fruit option Milk |
| 20 Chicken & noodles or Main dish option Mashed potatoes Green beans or Vegetable option Peaches or Fruit option Roll with butter Milk | 21 Pizza or Main dish option Romaine salad w/ dressing Mixed vegetables or Vegetable option Applesauce or Fruit option Milk | 22 No School | 23 THANKSGIVING No school | 24 No school |
| 27 Salisbury steak with gravy Or Main dish option Mashed potatoes California blends or Vegetable option Pears or Fruit option Roll with butter Milk | 28 Chicken fajita w/ peppers & onions and Cheese and lettuce or Main dish option Refried beans Corn or Carrot sticks Pineapple tidbits Milk | 29 Spaghetti w/ meat sauce or Main dish option Spinach or Vegetable option Strawberry cup or Fruit option Breadstick with cheese Milk | 30 BBQ rib sandwich or Main dish option Cheesy hash brown Casserole Peas or Vegetable option Orange wedges or Fruit option Milk | 12/1 Chicken drumsticks or Main dish option Mashed potatoes with gravy Cauliflower or Vegetable option Mixed fruit or Fruit option Biscuit with butter Milk |

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